



April 2024

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	<p>1 1130 Music of your choice in the Activity room or lounge</p> <p>1430 A choice of activities, using our Interactive Activity Table, April fools quiz. Colouring for adults – residents choice.</p>	<p>2 1130 A Day in History, continued in the lounge Watching one of the DVD's followed by discussions on each event</p> <p>1430 Anne Park is visiting, activity tba</p>	<p>3 1100 Thula our Pets as Therapy Dog is visiting</p> <p>1130 Rummy in the dining room</p> <p>1400 We will be baking bread this afternoon, using the bread maker</p>	<p>4 1100 Guess the Scent? in activity room</p> <p>1330 Afternoon Tea at the Air Raid Shelter Café and Tearoom in High Wycombe. Step back in time to the 1940's. A chance to look at the memorabilia from that era</p>	<p>5 1130 Exercises with Ann Marie in the lounge</p> <p>1500 A special afternoon tea for Kelly, one of our Senior Night staff, who has been at Swarthmore for 25 years</p>	<p>6 1130 Last week's Sunday Service from St James C of E in Gerrards Cross showing on YouTube</p> <p>1430 Movie Afternoon Your choice from Netflix. Wine, soft refreshments offered along with a selection of nibbles</p>
<p>7 1030 Quaker Meeting at Jordans Meeting House</p> <p>1030 Quaker Meeting taking place in the quiet room with Mary Clare Joliffe</p> <p>1430 Who Am I? Guess who celebrates their birthday in April by looking at the pictures with care staff</p>	<p>8 1130 Poetry with Erica in the lounge</p> <p>1430 Singalong in the Activity Room</p>	<p>9 1130 Dominoes and darts. Taking place in the activity room</p> <p>1430 Anne Park is visiting. We will be looking at a map of Great Britain and discussing which places we have visited</p>	<p>10 1030 Movers & Shakers community group, taking place at the Methodist Church hall</p> <p>1100 Thula our Pets as Therapy Dog is visiting</p> <p>1430 A Day in history, continued. Watching one of the DVD's followed by discussions on each event in the lounge</p>	<p>11 1100 Guess the Scent? in the activity room</p> <p>1400 Sophie from G Fitness will be coming to give us a demonstration. Yoga will be implemented into the class</p> <p>1500 The Weekly Sparkle reminiscence newspaper</p>	<p>12 1130 Music of your choice in the Activity Room</p> <p>1500 Wedding Party afternoon tea. Celebrating the Marriage of Em and her new wife, Bella</p>	<p>13 1130 Last week's Sunday Service from St James C of E in Gerrards Cross showing on YouTube</p> <p>1430 Movie Afternoon The Glen Miller Story, showing in the lounge</p>

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<p>14 1030 Quaker Meeting at Jordans Meeting House 1030 Quaker Meeting taking place in the quiet room with Mary Clare Joliffe 1430 April Quiz with the care staff</p>	<p>15 1130 Poetry with Erica in the lounge 1430 Gardening Reminiscence with some pictures on loan from the library</p>	<p>16 1030 Excursion to RAF Hendon. Lunch will be either picnic or in the cafe 1130 Hand massages with the care staff 1430 Skittles and Tin Can Alley with the care staff in the activity room</p>	<p>17 1030 Movers & Shakers community group, taking place at the Methodist Church Hall 1100 Thula our Pets as Therapy Dog is visiting 1130 Rummy in the dining room 1500 Craft session with Shelley from Creative Mojo</p>	<p>18 1100 Anne Park is coming to practice the play for St George's Day 1130 Exercises with Kelly from the Samurai fitness group, in the lounge 1430-1600 Afternoon tea and a natter</p>	<p>19 1130 Music of your choice in the Activity Room 1500 Church Service with Adam Wells from the Methodist Church, in the lounge</p>	<p>20 1130 Last week's Sunday Service from St James C of E in Gerrards Cross showing on YouTube 1430 Relaxing art/colouring session with the care staff</p>
<p>21 1030 Quaker Meeting at Jordans Meeting House 1030 Quaker Meeting taking place in the quiet room with Mary Clare Joliffe 1430 Film of your choice with nibbles</p>	<p>22 1130 Poetry with Erica in the lounge 1430 Looking at a selection of magazines with the care staff</p>	<p>23 1100 Monty our Therapy Dog will be visiting 1500 Swarthmore staff present a play for St George's Day, taking place in the activity room 1530 Cream Tea</p>	<p>24 1030 Movers & Shakers community group, taking place at the Methodist Church Hall 1100 Thula our Pets as Therapy Dog is visiting 11.30am Rummy in the dining room 1430 Craft Session, Flower Pressing 1600 A visit from the young ladies doing their Duke of Edinburgh award, from St Mary's School</p>	<p>25 1130 Yoga session with Cindi, in the lounge 1130 Balloon games in the activity room 1430-1600 Excursion to Get set 4 Tennis Sports Hub for a chat and cuppa in Maple Cross, Rickmansworth. travelling by minibus 1430 Jigsaws in the activity room with the care staff</p>	<p>26 1130 Ricky is coming to serenade us on the piano 1430 The Daily Sparkle Reminiscence paper with a chat after each news headline</p>	<p>27 1130 Last week's Sunday Service from St James C of E in Gerrards Cross showing on YouTube 1430 Activities of your choice with care staff</p>

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28 1030 Quaker Meeting at Jordans Meeting House 1030 Quaker Meeting taking place in the quiet room with Mary Clare Joliffe 1430 Age appropriate colouring with care staff	29	30				

Notes

ACTIVITIES MAY NEED TO CHANGE FROM TIME TO TIME DUE TO UNFORESEEN CIRCUMSTANCES